

Protocols for the Swimming Pool in the context of Covid-19

Version 6: issued 5th November 2020

In order to assist all users, these protocols have been prepared for users visiting the swimming pool at Hebron Hall. They will be updated as and when further information is provided by UK and/or Welsh Governments. The most up to date version is available on our website at hebronhall.org/news or by request from bookings@hebronhall.org

It is everybody's responsibility to ensure that they comply with health and safety legislation and ensure the safety of all users and Hebron Hall staff in relation to Covid-19. Limiting the spread of the virus is an additional consideration beyond existing responsibilities.

It is important to have clear protocols in place and that these are clearly identified to group leaders and to users.

Requirements before groups return

At least one week before return:

- Group risk assessment to be provided to bookings@hebronhall.org. A sample of a risk assessment can be found at <https://swimwales.org/key-documents>.

At least two days before session:

- Full list of users' names and contact details (telephone number, email address and/or postal address) to be provided to bookings@hebronhall.org. This information will only be used if needed for the NHS Wales Test and Trace service, will be held in accordance with GDPR and will be destroyed 30 days after departure.
- Since the introduction of the NHS Covid-19 app, Hebron Hall now has QR codes visible at all entry points so pool users who have downloaded the new app can use their smartphones to check in. Please note it is still a legal requirement for group organisers to collect and provide to Hebron Hall contact details of *all* pool users.

Requirements when on site

- The swimming pool will be handed over to the group in compliance with Covid-secure guidelines.
- The group is responsible for ensuring that Covid-secure guidelines are followed whilst on site.
- The group is responsible for all cleaning and disinfecting whilst on site.
- A full one-way system for entry and exit is not possible, but groups should do their best to ensure that users are not entering and leaving the pool or the building at the same time.
- Users will **not** be granted access to changing rooms until after their swim.
- Users to arrive at the building "swim-ready", wearing swimwear under their clothes.
- A maximum number of 15 people can exercise indoors, excluding children aged under 11 and individuals organising and supervising the activity such as coaches, teachers, lifeguards, volunteers and facility staff.
- The number of spectators should be kept to an absolute minimum.
- All footwear to be removed in the viewing area and left there until leaving the building.
- Users to walk barefoot through the footbath into the pool area.

- Users to undress and leave clothes and bags within the marked 2-metre guides on the benches around the poolside.
- On leaving the pool, users can access the changing rooms for a very brief rinse shower only, before dressing and leaving the building as quickly as possible.
- Users should maintain a distance of 2 metres from those in other households wherever possible.
- Protective face coverings should be worn at all times, other than for swimming or showering.
- The pool will be marked into three lanes each 3 metres wide and swimmers should move in the same direction.
- No backstroke.
- All pool floats, noodles, play equipment should be cleaned and disinfected before and after use.
- Hand sanitiser dispensers are available at the entrance and exit point and by the footbath.
- Users should be advised to keep a personal supply of hand sanitiser with them when on site.

Requirements when group leaves

- The swimming pool to be left in the same condition in which it was handed over.
- All rubbish to be bagged and securely tied and either taken away or placed in the correct external bin on site.
- All group and users' personal items to be removed, as Hebron Hall will not be able to retain or return any lost property.
- The group leader should be the last member of the group to leave the property, ensuring that all of the above have taken place.
- The group leader should telephone the Duty Warden on leaving to advise that the swimming pool has been vacated.

What to do if a user develops or arrives with Covid-19

- The user should immediately return home to self-isolate.
- If the user has acute symptoms, has breathing difficulties or their life is at potential risk, seek medical help immediately by calling 111.
- Call 119 to initiate the NHS Wales Test and Trace service.
- Call the Duty Warden to inform the Hall of a potential outbreak.
- If the group leader chooses to continue with the programme, use disposable materials to wipe down all door handles, entrance systems, stairwell bannisters and light switches to try to minimise the risk of spread.
- If the group leader chooses to cancel the programme, follow the requirements above for when the group leaves, but ensure that all rubbish is double-bagged and left in the viewing area for disposal by the Hall after 72 hours have elapsed.
- If a user develops or arrives with Covid-19, Hebron Hall reserves the right to cancel the group immediately without offering a refund.